

GIVE IT A GO / TRIAL TIMES WEEK COMMENCING 18TH SEPTEMBER

SPORTS HALL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		11:00-15:00 SPORTS FAIR	14:30-16:30 CHEERLEADING	14:30-16:30 MMA & CHEERLEADING	10:00-12:00 CHEERLEADING & MOUNTAINEERING	10:00-11:30 CHEERLEADING/ MOUNTAINEERING
			16:30-18:30 NETBALL	16:30-18:00 WOMENS FUTSAL	12:00-14:00 TABLE TENNIS & MMA	11:30-13:00 TABLE TENNIS & MMA
			18:30-20:30 MENS VOLLEYBALL	18:00-19:30 MENS FUTSAL	14:00-16:00 ULTIMATE FRISBEE	13:00-15:00 VOLLEYBALL
			20:30-22:30 MENS BASKETBALL	19:30-22:30 BADMINTON	16:00-18:00 BADMINTON TRIALS	15:00-17:00 BASKETBALL TRIALS
						17:00-19:00 NETBALL TRIAL 1
						19:00-21:00 NETBALL TRIAL 2

3G ASTRO PITCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
18:00-20:00 MENS FOOTBALL (FULL PITCH)	17:00-18:30 MENS LACROSSE (1/3 PITCH)		16:00-18:00 MENS HOCKEY (1/2 PITCH)	15:00-17:00 MENS FOOTBALL TRIAL 2 (FULL PITCH)	12:00-14:00 WOMENS LACROSSE (1/3 PITCH)	10:00-14:00 AMERICAN FOOTBALL TRIALS (FULL PITCH)
20:00-22:00 MENS HOCKEY (1/2 PITCH)	18:30-20:00 WOMENS LACROSSE (1/3 PITCH)		16:00-18:00 WOMENS HOCKEY (1/2 PITCH)	17:00-19:00 MENS LACROSSE (1/3 PITCH)	14:00-16:00 MENS LACROSSE (1/3 PITCH)	14:00-16:00 WOMENS FOOTBALL OPEN TRAINING SESSION (1/3 PITCH)
20:00-22:00 WOMENS HOCKEY (1/2 PITCH)	18:00-20:00 ULTIMATE FRISBEE (1/3 PITCH)			17:00-19:00 WOMENS LACROSSE (1/3 PITCH)	14:00-16:00 WOMENS FOOTBALL (1/3 PITCH)	16:00-18:00 WOMENS LACROSSE OPEN TRAINING SESION (1/3 PITCH)
	18:00-20:00 WOMENS FOOTBALL (1/3 PITCH)			18:00-20:00 ULTIMATE FRISBEE (BACK ASTRO PITCH)	16:00-18:00 MENS HOCKEY (1/2 PITCH)	18:00-20:00 MENS LACROSSE OPEN TRAINING SESION (1/3 PITCH)
	20:00-22:00 AMERICAN FOOTBALL (FULL PITCH)			17:00-19:00 WOMENS FOOTBALL (1/3 PITCH)	16:00-18:00 WOMENS HOCKEY (1/2 PITCH)	

PLAYING FIELDS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
16:30-18:30 WOMENS RUGBY UNION (FLOODLIT GRASS PITCH)			17:30-19:30 MENS FOOTBALL TRIAL 1 (GRASS FOOTBALL PITCH)	20:00-22:00 AMERICAN FOOTBALL (FLOODLIT PITCH)		11:00-13:00 MENS FOOTBALL TRIAL 3 (GRASS FOOTBALL PITCH)
18:30-20:30 MENS RUGBY UNION (FLOODLIT GRASS PITCH)			16:30-18:30 WOMENS RUGBY UNION (FLOODLIT GRASS PITCH)			14:00-16:00 MENS FOOTBALL TRIAL 4 (GRASS FOOTBALL PITCH)
			18:30-20:30 MENS RUGBY UNION (FLOODLIT GRASS PITCH)			
			17:00-19:00 ULTIMATE FRISBEE (FRISBEE PITCH)			



= OFFICIAL TEAM TRIALS



= GIVE IT A GO SESSIONS

SPORTS FESTIVAL WEDNESDAY 20TH SEPTEMBER 16:00-22:00

TIME	ASTRO 1	ASTRO 2	ASTRO 3	CAR PARK	LACROSSE PITCH	ULTIMATE FRISBEE PITCH	FLOODLIT GRASS PITCH	FOOTBALL PITCH 1	FOOTBALL PITCH 2
16:00	INFLATABLE ACTIVITIES:		JUST PLAY GOLF						
17:00	BUBBLE FOOTBALL GLADIATOR DUEL SUMO SUITS		JUST PLAY HANDBALL	URBAN TENNIS & 3 V 3 BASKETBALL	JUST PLAY LACROSSE	JUST PLAY ULTIMATE FRISBEE	JUST PLAY TAG RUGBY	JUST PLAY POP UP VOLLEYBALL	JUST PLAY ROUNDERS
18:00			JUST PLAY HOCKEY						

SPORT AT STAFFS TRAINING TIMES

= PERFORMANCE SPORT PROGRAMME
 = ACTIVE STAFFS MEMBERSHIP

= BUCS MEMBERSHIP PROGRAMME
 = NON-BUCS SPORTS CLUBS

SPORTS HALL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUNDAY
07:00-08:30 BADMINTON & BASKETBALL	07:00-08:30 VOLLEYBALL	07:00-08:30 CHEERLEADING	07:00-08:30 BADMINTON & BASKETBALL	07:00-08:30 ULTIMATE FRISBEE	10:00-12:00 CHEERLEADING/ MOUNTAINEERING
16:00-17:00 WOMENS VOLLEYBALL	16:00-17:00 TABLE TENNIS (1/2 HALL)		13:00-14:00 TOUCHLINE TENNIS/ JUST PLAY BADMINTON	16:00-18:30 "FUN FRIDAYS" PROGRAMME	12:00-15:00 FUTSAL FIXTURES
17:00-18:30 MENS VOLLEYBALL	17:00-18:30 MENS FUTSAL		14:30-16:30 BATTLE OF THE HALLS	18:30-20:30 CHEERLEADING /MOUNTAINEERING	15:00-17:00 MENS BASKETBALL
18:30-20:30 ULTIMATE FRISBEE	18:30-20:30 NETBALL		17:00-19:00 ACTIVE STAFFS PROGRAMME	20:30-21:30 SOCIAL BASKETBALL	17:00-19:00 BADMINTON
20:30-22:30 SOCIAL BADMINTON	20:30-22:30 MENS BASKETBALL		19:00-20:30 WOMENS FUTSAL	21:30-22:30 SOCIAL BADMINTON	19:00-21:00 SOCIAL NETBALL
			20:30-22:30 WOMENS BASKETBALL		

3G ASTRO PITCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUNDAY
17:30-19:30 MENS FOOTBALL (FULL PITCH)	17:00-18:00 STAFF "DROP-IN" FOOTBALL SESSION (BACK ASTRO PITCH)	13:00-16:00 SOCIAL 7-A-SIDE FOOTBALL LEAGUE (FULL PITCH)	17:00-19:00 LACROSSE WHOLE CLUB (1/3 PITCH)	15:00-17:00 MENS FOOTBALL (FULL PITCH)	11:00-12:00 WOMENS FOOTBALL (1/3 PITCH)
19:30-21:30 WOMENS FOOTBALL (1/3 PITCH)	17:00-18:30 MENS LACROSSE (1/3 PITCH)	16:00-19:00 BUCS FIXTURES (FULL PITCH)	17:00-18:00 "MIC THE VIC FOOTBALL SESION (1/3 PITCH)		12:00-15:00 AMERICAN FOOTBALL (FULL PITCH)
19:30-21:30 MENS HOCKEY (2/3 PITCH)	WOMENS HOCKEY 18:00-19:00 (1/3 PITCH) 19:00-20:00 (2/3 PITCH)				17:30-19:00 ULTIMATE FRISBEE (FULL PITCH)
	18:30-20:00 WOMENS LACROSSE (1/3 PITCH)				19:00-21:00 MENS HOCKEY (1/2 PITCH)
	20:00-22:00 AMERICAN FOOTBALL (FULL PITCH)				19:00-21:00 WOMENS HOCKEY (1/2 PITCH)

FUNCTIONAL TRAINING ROOM—STRENGTH & CONDITIONING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUNDAY
07:00-08:00 WOMENS RUGBY UNION	07:00-08:00 MENS FOOTBALL	07:00-08:00 NON-BUCS CLUBS	07:00-08:00 MENS BASKETBALL	07:00-08:00 MENS RUGBY UNION	
08:00-09:00 MENS RUGBY UNION	08:00-09:00 MENS BASKETBALL	08:00-09:00 NON-BUCS CLUBS	08:00-09:00 BADMINTON	08:00-09:00 MENS FOOTBALL	
09:00-ONWARDS SPORTS SCHOLARS	09:00-ONWARDS SPORTS SCHOLARS	09:00-ONWARDS SPORTS SCHOLARS	09:00-ONWARDS SPORTS SCHOLARS	09:00-ONWARDS SPORTS SCHOLARS	
14:30-16:00 BADMINTON (SMALL GROUPS)				14:30-16:00 WOMENS RUGBY UNION (SMALL GROUPS)	

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUNDAY
18:00-19:00 TEAM STAFFS FITNESS	18:00-20:00 CHEERLEADING		18:00-19:00 TEAM STAFFS FITNESS		
			19:00-21:00 GLOW IN THE DARK TABLE TENNIS		

GRASS FLOODLIT PITCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUNDAY
17:00-19:00 WOMENS RUGBY UNION	17:00-19:00 ULTIMATE FRISBEE		20:00-22:00 AMERICAN FOOTBALL	16:00-18:00 RUGBY UNION WHOLE CLUB	18:00-19:30 WOMENS RUGBY UNION
19:00-21:00 MENS RUGBY UNION	19:00-22:00 RUGBY UNION WHOLE CLUB				19:30-21:00 MENS RUGBY UNION

EXTERNAL FACILITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUNDAY
15:00-16:30 RECREATIONAL SWIMMING FENTON MANOR SPORTS COMPLEX	19:00-21:00 MIXED MARTIAL ARTS TEN COUNT BOXING GYM	13:00-ONWARDS EQUESTRIAN CLUB COURSES FOR HORSES CENTRE	18:00-20:00 SNOWSPORTS STOKE SKI CENTRE	15:00-16:30 RECREATIONAL SWIMMING FENTON MANOR SPORTS COMPLEX	
17:00-18:30 TENNIS FLORENCE TENNIS CLUB	17:30-18:30 SOCIAL RUNNING CLUB SPORTS CENTRE RECEPTION	14:00-16:00 RECREATIONAL TENNIS FLORENCE TENNIS CLUB	18:30-20:30 MIXED MARTIAL ARTS TEN COUNT BOXING GYM	19:30-21:00 BOXING TEN COUNT BOXING GYM	
18:00-19:00 GOLF KEELE DRIVING RANGE		15:00-16:30 RECREATIONAL SWIMMING FENTON MANOR SPORTS COMPLEX			
18:00-20:00 MOUNTAINEERING KILNWORX		19:30-21:00 BOXING TEN COUNT BOXING GYM			
19:30-21:00 BOXING TEN COUNT BOXING GYM		19:00-21:00 INDOOR ARCHERY STOKE ON TRENT COLLEGE			