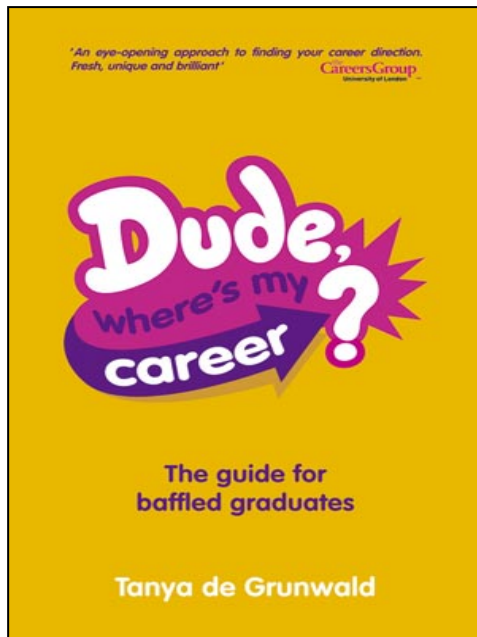


# Dude, Where's my Career?

---



**Author:** Tanya de Grunwald

**ISBN:** 978-1-84024-657-5

**Section:** Finding a Job

You've been donned a gown, tossed a cap high in the air, been patted on the back for making it through your studies, and then what? After years of lectures, late nights and laughs you're

back at home, struggling with your CV and rapidly slipping into a pit of despair. Stop. Take a breath and buy this book.

Where traditional careers guides are pitched at super-motivated jobseekers who already know what they want to do, this is the first ever friendly, helpful handbook for a real-life graduate who's unprepared, overwhelmed – and losing confidence fast.

- Get inspired and organised with the genius Three-Day Plan, the fast track to a focussed search for a job you'll actually enjoy
- Boost your motivation and self-esteem with tips from psychotherapist Gael Lindenfield and NLP trainer Romilla Ready
- Discover the secrets of what today's employers really look for, with expert advice from The Careers Group, University of London and top graduate recruiters

Whether you're uninspired, scared of just plain baffled, this guide is the kick-start you need to get back on track.