

Research Profile

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Research Publications

Davey, R. C., Hurst, G. L., Smith, G. R., Grogan, S., & Kurth, J. (2011). The impact and process of a community-led intervention on reducing environmental inequalities related to physical activity and healthy eating - a pilot study. *BMC Public Health*, 11 (1), 697.

Examples of Research Dissemination

Hurst, G., Masterson, D., Gidlow, C., Jones, M., Clark-Carter, D., Tarvainen, M., Smith, G. & Nieuwenhuijsen, M. (2015). Where to put your best foot forward: Psycho-physiological responses to walking in natural and urban environments. Poster presented at the British Psychological Society's Division of Health Psychology, London, September 2015. Poster Prize Winner.

Hurst, G., Ellis, N., Gidlow, C., Masterson, D., Van den Berg, P., Bronwasser, I., Kruize, H., Van den Berg, M., Garcia Martinez, L., Triguero-Mas, M., Gražulevičienė, R., & Nieuwenhuijsen, M. (2015). Use and perceptions of natural environments in different regions of Europe: a qualitative comparison (2015). Paper presented at the 52nd International Making Cities Livable Conference on Achieving Green, Healthy Cities, Bristol, UK, July 2015.

Jones, M., Gidlow, C., Hurst, G., & Masterson, D. (2014). Why being in the green can stop you feeling blue: The science of the impact of natural environments on health and well-being. Paper presented at the British Science Festival, University of Birmingham, UK, September 2014.

Hurst, G. L., Davey, R. C., Smith, G. R., & Kurth, J. (2012). Results from a community-led intervention aimed at reducing health inequalities in Stoke-on-Trent, UK. Paper presented to the 4th International Congress on Physical Activity and Public Health, Sydney, Australia, November 2012.

Hurst, G. L., Davey, R. C., Smith, G. R., & Kurth, J. (2012). Qualitative findings from a community-led intervention aimed at reducing health inequalities in Stoke-on-Trent, UK. Poster presented to the 4th International Congress on Physical Activity and Public Health, Sydney, Australia, November 2012.

Hurst, G. L., Davey, R. C., Smith, G. R., & Kurth, J. (2011). My Health Matters – A community-led intervention to reduce health inequalities related to physical activity and healthy eating in Stoke-on-Trent, UK. Study Protocol and Baseline Findings. Poster presented to the 2011 Annual Meeting of the International Society for Behavioral Nutrition and Physical Activity, Melbourne, Victoria, Australia, June 2011.

Hurst, G. L., Davey, R. C., Smith, G. R., & Kurth, J. (2011). My Health Matters – A community-led intervention to reduce health inequalities related to physical activity and healthy eating in Stoke-on-Trent, UK. Community Consultation Methods and Findings. Poster presented to the 2011 Annual Meeting of the International Society for Behavioral Nutrition and Physical Activity, Melbourne, Victoria, Australia, June 2011.

Hurst, G., Davey, R., & Smith, G. (2010). My Health Matters – A community-led intervention to reduce health inequalities related to physical activity and healthy eating in Stoke-on-Trent, UK. Paper presented to the 11th International Congress of Behavioural Medicine, Washington DC, USA, August 2010.

Hurst, G., Davey, R., Grogan, S., & Clark-Carter, D. (2010). An outcome and process evaluation of a financial incentive scheme aimed at encouraging participation in physical activity in the area of Sandwell in the West Midlands region of the UK. Poster presented to the 11th International Congress of Behavioural Medicine, Washington DC, USA, August 2010. [Chosen as one of the top fifteen posters presented]

Hurst, G., Kurth, J., Davey, R., & Grogan, S. (2010). A community-led intervention to reduce health inequalities related to physical activity and healthy eating in Stoke-on-Trent, UK. Paper presented to the WHO European Healthy Cities Networks Annual Business and Technical Conference, Sandnes, Norway, June 2010.

Hurst, G., Davey, R., Grogan, S., Clark-Carter, D., Stevens, D., & Manford, L. (2009). 'Walk to Beijing' – The use of financial incentives to promote physical activity in a deprived inner-city. Paper presented at the Division of Health Psychology Annual Conference, Aston University, UK, June 2009.

Hurst, G., Davey, R., & Grogan, S., (2009). 'Walk to Beijing' – A qualitative investigation into participant experiences of an incentive scheme to promote physical activity in Sandwell, West Midlands. Paper presented at the 3rd International Qualitative Conference in Sport and Exercise, University of Roehampton, UK, June 2009.

Hurst, G., Davey, D., Grogan, S. and Clark-Carter, D., Stevens, D., & Manford, L. (2008). Participant experiences of an incentive scheme to promote physical activity in Sandwell, West Midlands. Paper presented at the Division of Health Psychology / European Health Psychology Society Annual Conference, University of Bath, UK, September 2008.

Hurst, G., Davey, D., Grogan, S. and Clark-Carter, D., Stevens, D., & Manford, L. (2008). '*Walk to Beijing*' – An investigation into participant experiences of an incentive scheme to promote physical activity in Sandwell, West Midlands. Paper presented at the Qualitative Methods in Psychology Section Inaugural Conference, University of Leeds, UK, September 2008.

Hurst, G., Davey, D., Grogan, S. and Clark-Carter, D., Stevens, D., & Manford, L. (2007). An investigation into the use of financial incentives to promote physical activity. Poster presented at the 11th Annual Achieving Excellence in Public Health Conference, Uttoxeter Racecourse, May 2008.

Hurst, G., Davey, D., Grogan, S. and Clark-Carter, D., Stevens, D., & Manford, L. (2007). The effectiveness and cost-benefit of an incentive scheme that offers an incentive to promote positive health behaviours in Sandwell, West Midlands. Poster presented at the Division of Health Psychology Annual Conference, Nottingham University, September 2007.

Hurst, G., Davey, D., Grogan, S. and Clark-Carter, D., Stevens, D., & Manford, L. (2007). 'Walk to Beijing' – An investigation into the use of financial incentives in encouraging physical activity in Sandwell, West Midlands. Poster presented at the 10th Annual Achieving Excellence in Public Health Conference, The International Centre, Telford, May 2007.

Examples of Relevant Contract Research:

SASSOT Sport and Physical Activity Insight Project – contracted by Sport Across Staffordshire and Stoke-on-Trent to conduct research into the provision and demand of sport and physical activity in two areas of Staffordshire (214-2015).

My Health Matters – Lead researcher on an NHS Stoke-on-Trent and Knowledge Transfer Partnership (KTP) funded project evaluating the use of community-led interventions to reduce health inequalities relating to physical activity and healthy eating, 2009-2012.

Community Health Education in Stoke-on-Trent (CHEST) Project Evaluation – Lead Researcher on the Evaluation of the CHEST project funded by the Worker's Education Association (WEA), 2010.

Lead researcher on the evaluation of an incentive-based intervention with school children to promote healthy behaviours in the Washwood Heath area of Birmingham, 2008.

Walk to Beijing Programme Evaluation – Lead researcher on the evaluation of a physical activity programme in Sandwell, West Midlands. Funded by the Neighbourhood Renewal Fund and Sandwell PCT, 2007-2009.

Other activities

Member of several local steering groups, including;

Social Action for Health (NHS Stoke-on-Trent, Stoke-on-Trent City Council, Stoke-on-Trent Healthy City).

Healthy Places, Healthy Lives (NHS Stoke-on-Trent, Stoke-on-Trent City Council).

Reviewer for the following journals;

Psychology and Health

Urban Forestry and Urban Greening

Social Science and Medicine