

COURSES

YES YOU CAN

Can I really study that at university?

Duration: 30-35 minutes Student rating ★★★★★★

Unlike school, there are hundreds of subjects on offer at university, and many students don't realise they don't have to just follow their A level options. With Yes You Can students will have the opportunity to look through prospectuses and the UCAS website, opening their minds to how they can match their personal profile to different course options.

UCAS AND ME

Duration: 10 minutes Student rating ★★★★★★

Using current tariffs and courses, this short session will give your students an instant idea of where their current grades could take them in higher education.

CAREERS

INTERVIEW ME

Duration: 30-35 minutes Student rating ★★★★★★

Our Interview Me roleplay activity gives students an immersive introduction to the interview experience. Getting a chance to try out being both an interviewer and interviewee, they'll then reflect on the role play as a group and address any thoughts or fears they may have about attending real interviews in the future.

JACKPOT

What jobs are available with a degree?

Duration: 10 minutes Student rating ★★★★★★

Our Jackpot session helps your students think beyond university, to the different job roles that will be available when they graduate. As well as looking at the kind of careers they might already be thinking about, they will hear about sectors with high demand and short supply.

WHAT DO THEY WANT?

Understanding what employers want

Duration: 10 minutes Student rating ★★★★★★

This short exercise encourages your students to start thinking like an employer, by discussing what recruiters are looking for in a graduate. As part of this they will rank the key qualities, attributes, skills and qualifications that make up the higher education experience.

BRIGHT FUTURES

Where do I want to be in 10 years' time?

Duration: 20 minutes Student rating ★★★★★★

For many young people, it's not easy getting to grips with where they might go in life. So our Bright Futures activity encourages students to think about where they hope to be in 10 years' time, and how they can start using the careers services to kick-start the future they want.

FINANCE

MONEY COUNTS

Duration: 30-35 minutes Student rating ★★★★★★

Our most detailed look at the relationship between money and higher education, Money Counts invites students to look at the need to choose a place that has a full package for finance. This simple activity helps students realise what budgeting and financial management they will need to do, by placing fees, bills and other expenditure into a university context.

FUN ON A BUDGET

Duration: 10 minutes Student rating ★★★★★★

One universal challenge almost all students have to face is living on a budget. To help your students understand what life is like when you manage your own money (and that you can still have fun!), they'll be tasked with balancing their own imaginary budget using different student scenarios, and decide how they want to spend their funds.

EVERY LITTLE HELPS

How do I manage my money?

Duration: 20-30 minutes Student rating ★★★★★★

To help expand your students' understanding of budgeting whilst living at university, our Every Little Helps activity asks them to think about their current expenditure in terms of the things they 'want' and the things they really 'need'. Once they've done that, their original spend is halved and they'll have to decide which items on their list they'll keep and which they won't.

MONEY MANAGEMENT

Duration: 15 minutes Student rating ★★★★★★

Here we'll highlight the ways that personality can affect financial behaviour. By considering the characteristics of their personality profiles, your learners will start thinking about the impact those traits could have on their money management at university, flagging up specific pitfalls they may want to watch out for.

INSPIRING THE FUTURE

DOES IT PAY TO STUDY?

Duration: 20 minutes Student rating ★★★★★★

With this quiz-based activity your students will take a closer look at graduate potential, to illuminate the kind of salaries they might expect in the future. Individual answers will be discussed in detail to help provide a more detailed understanding of the advantages of a university degree in their careers.

ARE YOU READY FOR HE?

Duration: 15 minutes Student rating ★★★★★★

Our student ambassadors will take centre stage in this workshop, by inviting your students to ask anything they want to know about how they felt before university and the kind of experiences they've had since. This relaxed and informal session is the perfect way to dispel myths and get a realistic taste for student life.

MANAGING YOUR TIME

Duration: 10 minutes Student rating ★★★★★★

A week at university is very different to an average week at school or college. Here your students will complete a short activity that helps them think about how life is different and how study time is self-managed at uni.

I WISH I'D KNOWN THAT

Duration: 15 minutes Student rating ★★★★★★

Following on from Are you ready for HE?, here we invite students to really get to grips with preparing for life at university, with the kind of advice that will help them to create a realistic plan and avoid common mistakes.

Extra Support

We can also provide support at events on your campus, like Open Evenings and Option Evenings. Our team can give talks about higher education and the opportunities it offers, and answer any questions students, parents and carers may have.

If you'd like to know more, give our Education Liaison Team team a call on **01782 292773** or email scl@staffs.ac.uk for more information.



GIVE YOUR STUDENTS THE EDGE

INFORMATION, ADVICE & GUIDANCE ACTIVITIES PROGRAMME



Welcome

At Staffordshire University we believe in opening young minds. That's why we've created a detailed programme of activities designed to inspire, engage and inform your students about life at university and their graduate career options, as early as possible. Our wide range of talks, activities and workshops cover all kinds of subjects, at varying lengths. Most of them are led by our enthusiastic (and highly trained) student ambassadors who are able to give your students a first hand insight into what university life is like. Then for some of the meatier subjects, we let our liaison team take over.

The activities outlined here are designed to be combined in any way you think will best engage your students. While you can pick just one or two, we recommend choosing a number of related talks and activities to create a themed event that will leave them excited and much better prepared for the road ahead.

To make a booking or discuss how you could approach a bespoke event at your school or college, just give our dedicated Education Liaison Team a call on **01782 292773** or email **scl@staffs.ac.uk**

ALL ABOUT UNIVERSITY

WHY HIGHER EDUCATION?
Duration: 25-35 minutes Student rating ★★★★★

Do you have students who are still unsure if university is right for them? This session explains just how beneficial having the university experience and following a degree can be in life. Taking into account the most common doubts young people have, it also takes a practical look at how they can progress in their chosen career. This talk can also be adapted for parents' evenings if you have parents who would like to know more about higher education.

WHERE TO GO, WHAT TO STUDY?
Duration: 25-35 minutes Student rating ★★★★★

Finding the right course and university can be a long road, but we'll help get your students going so they have the best chance of finding a place that's perfect for them. By guiding them on how to find course information, and what to consider in terms of university location, we'll make sure they get off on the right foot. This talk can also be tailored for parents' evenings to assist mums and dads who want to know more about higher education, and how they can support their son or daughter's decision.

PERSONAL STATEMENT WORKSHOP
Includes session on what admissions tutors look for
Duration: 25-40 minutes Student rating ★★★★★

A great personal statement is one of the most important ingredients in finding a university place. This slightly more formal talk takes the mystery out of what makes personal statements stand out, by covering things like structure, detail and what admissions tutors are looking for when reading an application. We'll also invite groups to analyse and comment on good and bad examples before applying these new-found skills to their own.

UCAS PROCESS AND KEY DEADLINES
Duration: 25-40 minutes Student rating ★★★★★

The UCAS system is the essential gateway to university, and here we'll show all your students how to use it effectively. We'll explain the process from beginning to end, so they feel confident they know how it works and the key dates that matter for their applications.

DRAGON'S DEN
A different approach to personal statement writing
Duration: 30-60 minutes Student rating ★★★★★

Writing your own personal statement is never easy, so here we invite students to approach it from a different direction by writing someone else's. In our Dragon's Den activity, students are given a fictional character's CV. Then in groups it's up to them to decide on that character's selling points, how to turn their weaknesses into positives and describe what motivates them. When they've done that, they'll need to pitch their character to 'The Dragon' (a student advisor) to see if they would be able to convince an admissions tutor to let that person into university.

STUDENT LIFE
One of our most popular talks
Duration: 25-45 minutes Student rating ★★★★★

Student life is exciting! Our Student Life talk is a great way to get your students fired up about all the possibilities that lie ahead. With insights from a student advisor or current undergraduate student ambassador about their university experiences, they'll get to hear how past students made their choices and what they've gone on to do in their careers. And of course, what they got up to in their social time.

STUDENT FINANCE APPLICATION
Duration: 30-45 minutes Student rating ★★★★★

The world of loans and grants can be an intimidating one at first, but we'll guide you students with everything they need to know about their applications. As well as calculating how much they might be entitled to, we'll help them put pen to paper and actually start their application, as well as answering any questions they might have about finance. This talk is also ideal for parents' evenings, to address parents' questions and concerns about paying for university.

BUDGETING
Duration: 30-45 minutes Student rating ★★★★★

Money worries can be a big concern for a lot of students thinking about university, and here we'll give them realistic insights into how they can cope. Using practical demonstrations about how to manage a budget (to balance everything from groceries to books and gig tickets), this activity also includes our Deal or no Deal style game and our Guess the Cost workshop to shed light on the kind of expenses they'll incur for the first time.

LIKE OR DISLIKE
How will I survive at university?
Duration: 25-40 minutes Student rating ★★★★★

The student lifestyle requires all kinds of money choices day-by-day. So we've created a fun, contemporary workshop to bring those choices to life. Your students will be given different incomes and an array of expenditure options, so they can survive and thrive in their new independence.

WOULD YOU RETWEET?
What will it be like to be independent?
Duration: 25-40 minutes Student rating ★★★★★

Being independent and living away from home for the very first time can be as terrifying as it is exciting. So we've created a workshop with social media in mind, named 'Would you Retweet?' Based around the idea of a group of people sharing accommodation, it's designed to get your students thinking about a range of scenarios they might face when moving to university, so they're a bit better prepared when the time comes.

TAKE ME OUT
Where should I go to university?
Duration: 25-40 minutes Student rating ★★★★★

Where should I study? is a big question, especially if you've not visited many of the key university cities. But we'll help make it a much more manageable decision with our workshop based on the format of the popular game show Take Me Out. The interactive session helps students start to consider the different priorities that might shape their decision.

COMPARING A COURSE - NEW!
Duration: 50-60 minutes

How can you tell if one university course is more suitable than another? In this workshop we'll help your students focus on the importance of research in finding the right course, looking closely at the different factors that can help or hinder their choice. On their own or in groups, students will begin to make informed decisions based on different sources of information. This is designed as a companion workshop to our Where to Go, What to Study talk.

COME DINE WITH US - NEW!
Duration: 25-40 minutes

Feeding yourself at university is a challenge in more ways than one! Come Dine With Us is an interactive workshop created to help students think about the different aspects of eating on a budget. We'll give them a sum and a supermarket price list, then they will have to make decisions about what to buy in their weekly food shop - and what not to.

THE APPRENTICE - NEW!
Duration: 50-60 minutes

Designed to ignite your students' entrepreneurial instincts, The Apprentice invites them to create simple business plans for a large company. Competing in teams, each group will develop their ideas and hone their presentation skills, to see who will create the best plan and be 'hired'.

PREPARING FOR HE

FINDING THE BALANCE
How will I cope at university?
Duration: 20-30 minutes Student rating ★★★★★

Designed to address students' anxieties head on, this mid-length talk introduces groups to the different ways there are of managing their finances, study time, social life and health whilst at university. Taking a realistic look at student lifestyles, we'll help them learn ways to make intelligent choices in these areas when they get their first taste of independence.

LIVING IT UP
Should I live at home or not?
Duration: 15 minutes Student rating ★★★★★

Moving out to attend university is a big decision. Here your students will write and discuss the pros and cons of staying at home vs living away in student accommodation, to help make that choice a bit easier when the time comes.

DECISIONS, DECISIONS
Duration: 10 minutes Student rating ★★★★★

This snappy session is designed to sharpen up personal statement and CV writing skills. Through a series of simple questions, students will learn how to use their answers to make sure their CV or personal statement really stands out.

ALL ABOUT ME
Duration: 30-35 minutes Student rating ★★★★★

This is where things get personal. We'll get your students thinking about their personal statements in this group session, with a set of questions and a simple activity designed to get them warmed up for the real thing.

REVIEW AN APPLICATION
Duration: 30-35 minutes Student rating ★★★★★

To understand what admissions tutors are looking for, your students will become them for this session. Working in small groups, they will engage in a roleplay activity that compares a set of personal statements to decide who deserves a place at university.

WHAT'S STOPPING ME?
Duration: 30 minutes Student rating ★★★★★

University can be a nerve-wracking prospect. So this interactive Q&A session led by our student ambassadors gives your students a chance to ask questions and discuss topics that might be worrying them, or possibly stopping them from aiming for higher education at all.

ARE YOU READY FOR UNI?
Duration: 15 minutes Student rating ★★★★★

A quick and easy activity that lets your students find out how prepared they really are for higher education, by doing a simple questionnaire.

STUDENT-LED ACTIVITIES

LIAISON TEAM ACTIVITIES

