

## Research Profile

**Professor Marc Jones** *BSc., PhD., C.Psychol.*  
Faculty of Health Sciences; Staffordshire University.

### Peer-reviewed publications

#### 2014

- Turner, M. J., **Jones, M. V.**, Sheffield, D., Barker, J. B., & Coffee. (2014). Manipulating cardiovascular indices of challenge and threat using resource appraisals. *International Journal of Psychophysiology*, *94*, 9–18.
- Nieuwenhuijsen, M. J., Kruize, H., Gidlow, C., Andrusaityte, S., Antó, J. M., Basagaña, X., Cirach, M., Dadvand, P., Danileviciute, A., Donaire-Gonzalez, D., Garcia, J., Jerrett, M., **Jones, M.**, et al., (2014) Positive health effects of the natural outdoor environment in typical populations in different regions in Europe (PHENOTYPE): a study programme protocol. *BMJ Open*, *4*, e004951. doi:10.1136/bmjopen-2014-004951.
- Randall, J., Ellis, N., Gidlow, C., & **Jones, M.** (2014). Comparing mental health diagnoses: Changes in Mood and self-esteem following a single bout of exercise. *The Journal of Psychological Therapies in Primary Care*, *3*, 34-46.
- Meijen, C., **Jones, M. V.**, McCarthy, P. J., & Sheffield, D. (2014). Challenge and Threat States: Cardiovascular, Affective and Cognitive Responses to a Sports-Related Speech Task. *Motivation and Emotion*, *38*, 252-262. Doi: 10.1007/s11031-013-9370-5
- Allen, M. S., Greenlees, I., & **Jones, M. V.**, (2014). Personality, counterfactual thinking, and negative emotional reactivity. *Psychology of Sport and Exercise*, *15*, 147-154.  
<http://dx.doi.org/10.1016/j.psychsport.2013.10.011>
- Allen, M. S., & **Jones, M. V.** (2014). The 'home advantage' in athletic competitions. *Current Directions in Psychological Science*. *Current Directions in Psychological Science*, *23*(1), 48–53. Doi: 10.1177/0963721413513267.
- Allen, M. S., & **Jones, M. V.** (2014). The home advantage over the first 20 seasons of the English Premier League: Effects of shirt colour, team ability and time trends. *International Journal of Sport and Exercise Psychology*. Vol. 12, No. 1, 10–18,  
<http://dx.doi.org/10.1080/1612197X.2012.756230>
- Uphill, M., Groom, R., & **Jones, M.** (2014). The influence of in-game emotions on basketball performance. *European Journal of Sport Science*, *14*, 76-83.  
<http://dx.doi.org/10.1080/17461391.2012.729088>

#### 2013

- Allen, M. S., **Jones, M.**, McCarthy, P. J., Sheehan-Mansfield, S., & Sheffield, D. (2013). Emotions correlate with perceived mental effort and concentration disruption in adult sport performers, *European Journal of Sport Science*, *13*, 697-706.  
<http://dx.doi.org/10.1080/17461391.2013.771381>

- Branthwaite, H., Chockalingam, N., Grogan, S., **Jones, M.** (2013). Footwear choices made by young women and their potential impact on foot health. *Journal of Health Psychology, 18*, 1422-1431. 10.1177/1359105312463585
- McCarthy, P. J., Allen, M. S., & **Jones, M. V.** (2013). Emotions, cognitive interference, and concentration disruption in youth sport. *Journal of Sports Sciences, 31*, 505-515. <http://dx.doi.org/10.1080/02640414.2012.738303>
- Allen, M. S., Greenlees, I., & **Jones, M. V.**, (2013). Personality in sport: A comprehensive review. *International Review of Sport and Exercise Psychology, 6*, 184-208. <http://dx.doi.org/10.1080/1750984X.2013.769614>
- Barker, J. B, Jones, M. V., & Greenlees, I. (2013). Using Hypnosis to Enhance Self-Efficacy in Sport Performers. *Journal of Clinical Sport Psychology, 7*, 228-247
- Turner, M. J., **Jones, M. V.**, Sheffield, D., Slater, M. J., Barker, J. B., Bell, J. B. (2013). Who Thrives Under Pressure? Predicting the Performance of Elite Academy Cricketers Using the Cardiovascular Indicators of Challenge and Threat States. *Journal of Sport and Exercise Psychology, 35*, 387-397
- Allen, M. S., Greenlees, I., & **Jones, M. V.**, (2013). Personality in sport: A comprehensive review. *International Review of Sport and Exercise Psychology, 6*, 184-208. <http://dx.doi.org/10.1080/1750984X.2013.769614>
- Meijen, C., **Jones, M. V.**, McCarthy, P. J., Sheffield, D., & Allen, M. S. (2013). Cognitive and affective components of challenge and threat states. *Journal of Sports Sciences, 31*, 847-855. <http://dx.doi.org/10.1080/02640414.2012.753157>
- Barker, J.B., Mellalieu, S. D., McCarthy, P. J., **Jones, M.V.**, & Moran, A. (2013). A Review of Single-Case Research in Sport Psychology 1997–2012: Research Trends and Future Directions, *Journal of Applied Sport Psychology, 25*, 4–32. doi: 10.1080/10413200.2012.709579

## 2012

- Uphill, M. A., Lane, A. M., & **Jones, M. V.** (2012). Emotion Regulation Questionnaire for use with athletes. *Psychology of Sport and Exercise 13*, 761-770. doi:10.1016/j.psychsport.2012.05.001
- Turner, M. J., **Jones, M. V.**, Sheffield, D., & Cross, S. L. (2012). Cardiovascular indices of challenge and threat states predict performance under stress in cognitive and motor tasks. *International Journal of Psychophysiology, 86*, (1), 48-57. doi:10.1016/j.ijpsycho.2012.08.004
- Jones, M. V.**, Coffee, P., Sheffield, D., Yangüez, M., & Barker, J. B. (2012). Just a game? Changes in English and Spanish soccer fans' emotions in the 2010 World Cup. *Psychology of Sport and Exercise, 13*, 162-169. doi: 10.1016/j.psychsport.2011.10.008
- Allen, M. S., & **Jones, M. V.** (2012). The home advantage over the first 20 seasons of the English Premier League: Effects of shirt colour, team ability and time trends. *International Journal of Sport and Exercise Psychology*. <http://dx.doi.org/10.1080/1612197X.2012.756230>
- Way, A., **Jones, M. V.**, & Slater, M. (2012). Exploring training adherence in elite school-age athletes. *Qualitative Research in Sport, Exercise and Health, 4*, 154–171. [dx.doi.org/10.1080/2159676X.2011.653496](http://dx.doi.org/10.1080/2159676X.2011.653496)

Lane, A., Beedie, C., **Jones, M. V.**, Uphill, M., & Devonport, T. (2012). The BASES expert statement on emotion regulation in sport. *Journal of Sports Sciences*, 30, 1189-1195.

### 2011

Lane, A., Beedie, C., **Jones, M.**, Uphill, M., Devonport, T. (2011). The BASES expert statement on emotion regulation in sport. *The Sport and Exercise Scientist*, 29, 14-15.

Allen, M. S., Greenlees, I., & **Jones, M. V.**, (2011). An investigation of the five-factor model of personality and coping behaviour in sport. *Journal of Sports Sciences*, 29, 841–850. doi: 10.1080/02640414.2011.565064

Allen, M. S., Greenlees, I., & **Jones, M. V.**, (2011). An investigation of the five-factor model of personality and coping behaviour in sport. *Journal of Sports Sciences*, 29(8): 841–850. doi: 10.1080/02640414.2011.565064

Allen, M. S., **Jones, M. V.**, & Sheffield, D. (2011). Are the causes assigned to unsatisfactory performance related to the intensity of emotions experienced after competition? *Sport and Exercise Psychology Review*, 7(1), 3-10.

### 2010

**Jones, M.V.**, & Lavalley, D. (October, 2010). A good walk worth watching: The psychology of the Ryder Cup. *The Psychologist*. ISSN: 0952-8229.

Allen, M. S., **Jones, M. V.**, & Sheffield, D. (2010). The influence of positive reflection on attributions, emotions, and self-efficacy. *The Sport Psychologist*, 24, 211-226

McCarthy, P.J., **Jones, M. V.**, Harwood, C. G., & Olivier, S. (2010). What do young athletes implicitly understand about psychological skills? *Journal of Clinical Sport Psychology*, 4, 158-172.

McCarthy, P.J., **Jones, M. V.**, Harwood, C. G., & Davenport, L. (2010). Using Goal Setting to Enhance Positive Affect Among Junior Multievent Athletes. *Journal of Clinical Sport Psychology*, 4, 53-68

Barker, J., **Jones, M.** Greenlees, I. (2010). Assessing the immediate and maintained effects of hypnosis on self-efficacy and soccer wall-volley performance. *Journal of Sport & Exercise Psychology*, 32, 243-252

Souchon, N., Cabagno, G., Tractlet, A., Dosseville, F., Livingstone, A., **Jones, M.**, & Maio, G. (2010). Referees' decision-making and player gender: The moderating role of the type of situation. *Journal of Applied Sport Psychology*, 22, 1-16.

### 2009

**Jones, M. V.**, Meijen, C., McCarthy, P. J., & Sheffield, D. (2009). A theory of challenge and threat states in athletes. *International Review of Sport and Exercise Psychology*, 2, 161-180.

Allen, M. S., **Jones, M. V.**, & Sheffield, D. (2009). Attribution, emotion and collective efficacy in sports teams. *Group Dynamics: Theory, Research, and Practice*, 13, 205-217.

Allen, M. S., **Jones, M. V.**, & Sheffield, D. (2009). Causal attribution and emotion in the days following competition. *Journal of Sports Sciences*, 27, 461–468

## 2008

McCarthy, P. J., **Jones, M. V.**, & Clark-Carter, D. (2008). Understanding enjoyment in youth sport: A developmental perspective. *Psychology of Sport and Exercise*, 9, 142-156

Barker, J. B., & **Jones, M. V.** (2008). The effects of hypnosis on self-efficacy, affect, and sport performance: A case study from professional English soccer. *Journal of Clinical Sport Psychology*, 2, 127-147.

## Pre 2008

McCarthy, P. J. & **Jones, M. V.** (2007). A qualitative study of sport enjoyment in the sampling years. *The Sport Psychologist*, 21, 400-416

Downward, P., & **Jones, M. V.** (2007). Effects of crowd size on referee decisions: Analysis of the FA Cup. *Journal of Sports Sciences*, 25, 1541-1545.

**Jones, M.V.**, & Sheffield, D. (2007). The impact of game outcome on the well-being of athletes. *International Journal of Sport and Exercise Psychology*, 5, 54-65.

Uphill, M. A., & **Jones M. V.** The Antecedents of Emotions in Elite Athletes. (2007). *Research Quarterly for Sport and Exercise*, 78, 79-89.

Barker, J. B., & **Jones, M. V.** (2006). Using hypnosis, technique refinement, and self-modelling to enhance self-efficacy: A case study in cricket. *The Sport Psychologist*, 20, 94-110.

Duncan, M. J., Al-Nakeeb, Y., Nevill, A. M., & **Jones, M. V.** (2006). Body dissatisfaction, body fat and physical activity in British children. *International Journal of Paediatric Obesity*, 1, 89-95.

Barker, J. B., & **Jones, M. V.** (2005). Using hypnosis to increase self-efficacy: A case study in elite judo. *Sport and Exercise Psychology Review*, 1, 36-42.

**Jones, M. V.**, Bray, S. R., & Olivier, S. (2005). Game location and aggression in rugby league. *Journal of Sports Sciences*, 23, 387-393.

**Jones, M.V.**, Lane, A.M., Bray, S., Uphill, M., & Catlin, J. (2005). Development and Validation of the Sport Emotion Questionnaire (SEQ). *Journal of Sport and Exercise Psychology*, 27, 407-431.

Uphill, M. A., & **Jones, M. V.** (2005). Coping with and reducing the number of careless shots: A case study with a county golfer. *Sport and Exercise Psychology Review*, 2, 14-22.

Duncan, M. J., Al-Nakeeb, Y., Nevill, A. M., & **Jones, M. V.** (2004). Body image and physical activity in British secondary school children. *European Physical Education Review*, 10, 243-260.

**Jones, M. V.**, & Uphill, M. (2004). Responses to the competitive state anxiety inventory-2(d) by athletes in anxious and excited scenarios. *Psychology of Sport and Exercise*, 5, 201-212.

**Jones, M. V.** (2003). Controlling emotions in sport. *The Sport Psychologist*, 17, 471-486.

- Bray, S. R., **Jones, M. V.**, & Owen, S. (2002). The influence of competition location on athletes' psychological states. *Journal of Sport Behavior*, 25, 231-242.
- Jones, M. V.**, Mace, R. D., Bray, S. R., MacRae, A., & Stockbridge, C. (2002). The impact of motivational imagery on the emotional state and self-efficacy levels of novice climbers. *Journal of Sport Behavior*, 25, 57-73.
- Jones, M. V.**, Paull, G. C., & Erskine, J. (2002). The impact of a team's aggressive reputation on the decisions of association football referees. *Journal of Sports Sciences*, 20, 991-1000.
- Rock, J. A., & **Jones, M., V.** (2002). A preliminary investigation into the use of counseling skills in support of rehabilitation from sport injury. *Journal of Sport Rehabilitation*, 11, 284-304.
- Jones, M. V.** (2001). Reply to Lane on "Mood and Emotion in Sport". *Perceptual and Motor Skills*, 92, 1095-1098.
- Jones, M. V.**, Bray, S., R., & Bolton, L. (2001). Game location and officiating bias in english club cricket. *Perceptual and Motor Skills*, 93, 359-362.
- Jones, M. V.**, Mace, R. D., & Williams, S. (2000). Relationship between emotional state and performance during international field hockey matches. *Perceptual and Motor Skills*, 90, 691-701.
- Jones, M. V.**, Mace, R. & Stockbridge, C. (1997). The importance of measuring athletes' emotional states during sports performance. In I. Cockerill & H. Steinberg (Ed.), *Cognitive Enhancement in Sport and Exercise Psychology* (pp. 44 - 49). Leicester, UK: The British Psychological Society.

## Books

- McCarthy, P. J., & **Jones, M. V.** (2014). *Becoming a sport psychologist*. Hove, UK. Routledge.
- McCarthy, P. J., & **Jones, M. V.** (2013). *The successful golfer: practical faults and fixes for the mental game of golf*. Birmingham, UK: Bennion Kearny.
- Thatcher, J., **Jones, M. V.**, & Lavalley, D. (Eds.) (2011). *Coping and emotion in sport (2<sup>nd</sup> Ed.)*. Hove, UK. Routledge.
- Barker, J. B., McCarthy, P. J., **Jones, M. V.**, & Moran, A. (2011). *Single-case research methods in sport and exercise psychology*. Hove, UK. Routledge.
- Lavalley, D., & Williams, J. M., & **Jones, M. V.** (2008). *Key Studies in Sport and Exercise Psychology*. Maidenhead, England: McGraw Hill
- Jowett, S. & **Jones, M. V.** (Eds.). (2005) *Psychology of Sport Coaching*. Leicester, UK: The British Psychological Society.
- Lavalley, D., Thatcher, J., & **Jones, M. V.** (Eds.) (2004). *Coping and Emotion in Sport*. Hauppauge, NY: Nova Science Publishers.

Mace, R. D., **Jones, M. V.**, & Honeybourne, J. (1998). *Switch on to sport psychology*. Blackwell, England: Sport in Mind Publications.

## Book Chapters

- Jones, M. V.**, & Turner, M. J. (2014). Self-Regulation. In R. C. Eklund & G. Tenenbaum (Eds.) *Encyclopaedia of Sport and Exercise Psychology* (pp.653-656). London, UK. Sage.
- Turner, M. J., & **Jones, M. V.** (2014). Stress, emotions and athletes' positive adaptation to sport: Contributes from a transactional perspective. In R, Gomes, R, Resende, and A, Albuquerque (Eds.). *Positive human functioning from a multidimensional perspective, Volume 1*. Nova Science.
- Jones, M. V.**, & Turner, M. J. (2012). Will my Emotions Choke me on my big day? In P. Totterdell & K. Niven (Eds), *Should I strap a battery to my head? (And other questions about emotion)* (pp. 73-81). Createspace, UK.
- Jones, M. V.** (2012). Emotion Regulation and Performance. In S. Murphy (Ed.). *The Oxford Handbook of sport and performance psychology* (pp. 154-172). New York, NY: Oxford University Press.
- Jones, M. V.**, & Uphill, M (2011). Emotion in sport: Antecedents and performance consequences. In J Thatcher, M. V. Jones, & D. Lavalley (Eds.), *Coping and Emotion in Sport (2<sup>nd</sup> Ed.)* (pp. 33-61). Hove, UK. Routledge.
- Thatcher, J., **Jones, M. V.**, & Lavalley, D. (2011). Coping and emotion in sport: Future directions. In J Thatcher, M. V. Jones, & D. Lavalley (Eds.), *Coping and Emotion in Sport (2<sup>nd</sup> Ed.)* (pp. 356-364). Hove, UK. Routledge.
- Uphill, M., & **Jones, M. V.** (2011). The consequences and control of emotions in elite athletes. In J Thatcher, M. V. Jones, & D. Lavalley (Eds.), *Coping and Emotion in Sport (2<sup>nd</sup> Ed.)* (pp. 213-235). Hove, UK. Routledge.
- Uphill, M. A, McCarthy, P. J., & **Jones, M. V.** (2009). Getting a grip on emotion regulation in sport: Conceptual foundations and practical application In S. Mellalieu & S. Hanton, (Eds.), *Advances in applied sport psychology* (pp.162-194). London: Routledge.
- Jones, M. V.**, Lavalley, D., & Bray, S. R. (2007). All the world's a stage: The impact of an audience on sport performers. In S. Jowett, and D. Lavalley (Eds.), *Social Psychology in Sport* (pp. 103-113). Champaign IL: Human Kinetics.
- Uphill, M., & **Jones, M. V.** (2007). "When running is something you dread": A Cognitive Behavioural Intervention with a Club Runner. In A. M. Lane (Ed.), *Mood and Human Performance: Conceptual, Measurement and Applied Issues* (pp. 271-295). Hauppauge, NY: Nova Science Publishers.
- Jones, M. V.**, Taylor, J., Tanaka-Oulevey, M., & Daubert, M. G. (2005). Emotions. In J. Taylor & G. S. Wilson (Eds.), *Applying Sport Psychology* (pp. 65- 81). Champaign IL: Human Kinetics.
- McCarthy, P. J., & **Jones, M. V.** (2005). Enjoyment in youth sport: Creating a feel good factor. In A. V. Clark (Ed.) *Psychology of Moods* (pp.157-180). Hauppauge, NY: Nova Science Publishers.

- Jones, M. V.**, Lavalley, D., & Thatcher, J. (2004). Coping and emotion in sport: Future directions. In D. Lavalley, J. Thatcher & M. V. Jones (Eds.), *Coping and Emotion in Sport* (pp. 273-280). Hauppauge, NY: Nova Science Publishers.
- Jones, M. V.**, & Uphill, M (2004). Antecedents and Consequences of Emotion in Sport. In D. Lavalley, J. Thatcher & M. V. Jones (Eds.), *Coping and Emotion in Sport* (pp. 9-28). Hauppauge, NY: Nova Science Publishers.
- Thatcher, J., Lavalley, D., & **Jones, M. V.** (2004). Coping and emotion in sport: An introduction. In D. Lavalley, J. Thatcher & M. V. Jones (Eds.), *Coping and Emotion in Sport* (pp. 3-8). Hauppauge, NY: Nova Science Publishers.
- Uphill, M., & **Jones, M. V.** (2004). Cognitive-Motivational-Relational-Theory as a Framework for Coping with emotions in sport. In D. Lavalley, J. Thatcher & M. V. Jones (Eds.), *Coping and Emotion in Sport* (pp. 75-89). Hauppauge, NY: Nova Science Publishers.

### Invited Presentations

- Jones, M. V.** (2014, September). *Why being in the green can stop you feeling blue*. British Science Festival. Birmingham University.
- Jones, M. V.** (2013, June). *The Mind of an Olympic Champion*. Cheltenham Science Festival.
- Jones, M. V.** (2012, June). *From Athlete to Audience: The Psychology of London 2012*. Cheltenham Science Festival.
- Jones, M. V.** (2012, March). *The Challenge (and Threat) of Performing under Pressure*. Derby University.
- Jones, M. V.** (2011, September). *From Athlete to Audience: The Psychology of London 2102*. British Science Festival. Bradford University.
- Jones, M. V.** (2010, March). *Getting published in Sport and Exercise Science* (Keynote presentation). British Association of Sport and Exercise Sciences Annual Student Conference. Aberystwyth University.
- Jones, M. V.** (2010, January). *I was more nervous than I've ever been in my whole life: Sport as a Challenge or Threat*. Loughborough University.
- Jones, M. V.** (2009, November). *I was more nervous than I've ever been in my whole life: Sport as a Challenge or Threat*. Glasgow Caledonian University.
- Jones, M. V.** (2009, April). *A Theory of Challenge and Threat States in Athletes (TCTSA)*. Birmingham University.
- Jones, M. V.** (2006, April). *Controlling Emotions in Sport* (Invited Lecture). British Psychological Society Annual Student Conference. Cardiff
- Jones, M. V.** (2006, April). *Emotions in Sport*. Aberystwyth University.
- Jones, M. V.** (2005, September). *Controlling Emotions in Sport* (Invited Lecture). BASES Annual Conference. Loughborough University.
- Jones, M. V.** (2005, April). *Emosiwn a Chwaraeon - Darlith er cof Walter Idris Jones* (Emotions in Sport, The Walter Idris Memorial Lecture). Aberystwyth University.

- Jones, M. V.** (2005, February). *Emotions in Sport*. Newman College, Birmingham.
- Jones, M. V.** (2004, November). *Emotions in Sport*. Northumbria University, Newcastle.
- Jones, M. V.** (2004, October). *Emotions in Sport*. Loughborough University, Loughborough.
- Jones, M. V.** (2004, March). *Cognitive-Behavioural Interventions in Sport*. Newman College, Birmingham.
- Jones, M. V.** (1999, November). *The Role of Emotions in Sports Performance*. School of Psychology, Teeside University, Middlesbrough.
- Jones, M. V., & Mace, R.** (1998, March). *Assessment of Players Emotional States During Performance*. Sport Science Support Programme Symposium: Looking Back, Moving Forward. Lilleshall, England.

## Journal Roles

- 2008 – Present Day: Associate Editor of the *Psychologist*
- 2007 – 2010: Editor of *Sport and Exercise Psychology Review*
- 2007- Present Day: Editorial board of the *International Review of Sport and Exercise Psychology*
- 2002 - 2006: Advisor to the editorial board on the Journal of Hospitality, Leisure, Sport and Tourism Education
- 2005-2006: Contributor to the research digest in the *Journal of Sport and Exercise Psychology*
- Reviewer for the following Journals:* Emotion; Environmental Science and Technology; Journal of Sport and Exercise Psychology; Journal of Applied Sport Psychology; Perceptual and Motor Skills; Journal of Sport Sciences; Psychology of Sport and Exercise; Sport and Exercise Psychology Review; Journal of Hospitality Leisure Sport and Tourism Education; Social Behaviour and Personality; Psychological Reports; European Physical Education Review; European Journal of Sport Sciences; International Journal of Sport Science and Coaching; Neurology, Psychiatry and Brain Research; European Journal of Social Psychology; International Journal of Sport and Exercise Psychology; International Review of Sport and Exercise Psychology; The Sport Psychologist; Research Quarterly for Exercise and Sport; Anxiety, Stress and Coping; Group Dynamics: Theory, Research, and Practice; BMJ Open.
- Reviewer for the following Grant Awarding Bodies:* ESRC, The Nuffield Foundation, The British Academy, Social Sciences and Humanities Research Council of Canada, The Harry Frank Guggenheim Foundation.

## Successful Grant Applications

I am a member of the PHENOTYPE research project ([www.phenotype.eu](http://www.phenotype.eu)). This is a four year (2012-2016) €3.5 million, European FP7 project to explore links between the natural environment and health involving nine partner institutions. In 2013 Stoke City Football Club funded a PhD student, under my supervision, to investigate the development of resilience in elite youth football players.



### Current Postgraduate Supervision (all PhD)

Principal supervisor for Joe Dixon, Staffordshire University. Preliminary title '*Challenge and Threat in Sport*'.

Principal supervisor for Charalampos Fountoulakis, Staffordshire University. Preliminary title '*Heart rate variability and emotion regulation in sport.*'

Principal supervisor for Janki Rajapurkar, Staffordshire University. Preliminary title '*Challenge and Threat in Sport*'.

### Completed Postgraduate Supervision

PhD (2014): Member of supervisory team for Andrew Evans, Staffordshire University. *An Exploration into Social Identities and the Content of Social Identities in Sport.*

PhD (2013): Principal supervisor for Martin Turner, Staffordshire University. *The Performance consequences, and manipulation of, challenge and threat states.*

PhD (2011): Principal supervisor for Carla Meijen, Staffordshire University. *Approaches to Competition: Challenge and Threat States in Athletes.*

PhD (2011): Member of supervisory team for George C. Loucaides, Staffordshire University. *Comparison of Training Intensities for Optimal Endurance Running Performance.*

PhD (2009): Principal supervisor for Mark Allen, Staffordshire University. *Understanding Attribution Processes in the Development of Emotions and Confidence in Sport.*

PhD (2008): Principal supervisor for Jamie Barker, Staffordshire University. *Using Hypnosis to Enhance Self-Efficacy in Sport Performers.*

PhD (2008): Principal supervisor for Paul McCarthy, Staffordshire University. *The pursuit of enjoyment: Understanding and enhancing positive emotion in youth sport*

PhD (2006): Member of supervisory team for Tracy Warbrick, Staffordshire University. *Psychophysiological aspects of pain.*

PhD (2005): Member of supervisory team for Mike Duncan, Newman College of Higher Education. Title '*Children's body image, body fatness and physical activity: An exploratory study with special reference to gender, socio-economic status and ethnicity*' PhD Awarded from Coventry University.

PhD (2004): Principal supervisor for Mark Uphill, Staffordshire University. *Antecedents, Consequences, and Regulation of Emotions in Sport.*

Master of Philosophy (2003) – Principal supervisor for Ryan Groom, Staffordshire University. *The Development of Perceptual Skill in Youth Soccer.*

### Experience of Postgraduate Examination

I have been the external examiner for 13 PhD's and one MPhil.