



ILEPS School Top Trades du Sport

Cergy, France

<https://ileps.fr/formation/studying-at-ileps/>

a.burghart@ileps.fr

[Apply Here](#)

The Turing Scheme can help fund your international experience, offering grants towards living costs and travel for placements lasting from 2 weeks up to 12 months. Depending on where you go and how long for, you could receive between £12–£23 per day, with additional funding available towards **flights, depending on your household income. It's a chance to gain global skills, boost your CV, and explore the world - all with financial support.**

Dates	Students can attend for either semester, or a full year
Semester 1	August 2026 – January 2027
Semester 2	February 2027 – July 2027

This opportunity is open to University of Staffordshire students on the following programmes:

BSc Physical Education & Sports Coaching
BSc Sport & Exercise Psychology
BSc Sport & Exercise Science
BSc Sport Business Management
BSc Sports Therapy & Rehabilitation





Take your sports studies global – choose to learn in Cergy today!

About ILEPS School Top Trades du Sport

ILEPS is a university specialising in sports and teaching. They aim to prepare students to become competent, responsible and fulfilled professionals in their respective fields. The teaching team is proactive, and staff are always available to support students and provide guidance throughout their course. The campus is also fitted with modern equipment and infrastructure that promote effective learning.

About Cergy

Located in the Île-de-France region of France, Cergy is a hidden gem waiting to be explored. The city has many parks and green spaces, providing visitors with opportunities to relax. It also has a large student population with students from a diverse range of backgrounds. **Whether you're interested in exploring the town's historic landmarks, discovering its hidden cafes and restaurants, or simply taking in the scenery, Cergy has something for everyone.**



Things to do in Cergy

Église Saint-Christophe – located in the old part of Cergy, this church has a combination of Romanesque and Gothic architectural elements. It is a peaceful place for visitors to explore.

Axe Majeur – a monumental work of art that spans over 3km kilometres from the Horloge district to the banks of the River Oise, offering visitors a unique sensory and visual experience.

Château de Cergy-Pontoise – A stunning 15th-century castle surrounded by beautiful gardens in Pontoise (a neighbouring commune). Visitors can explore the grounds and learn about the castle's history.

Places to Visit near Cergy

Auvers-sur-Oise – train approx. 13 mins costing approx. £4

Paris – train approx. 40 mins costing approx. £6

Versailles – train approx. 1hr costing approx. £10

Exchange students can choose from the following Creative Business modules:

[exchange-media](#)

Creative Collective

Personal Project Pt. 1

Creative Collective Pt. 2

Personal Project Pt. 2

Format Development

Professional Growth Pathway 1

Social Impact 1

Professional Growth Pathway 2

Create a Media Company 1

Personal Skill Development 5

Interactive Realities: UI/UX Design 5

Publishing 5

Career Path 1

Deadlines

If you are selected for this opportunity by the Go Abroad team at University of Staffordshire, your exchange application to ILEPS School Top Trades du Sport will need to be submitted as follows:

Application deadline Semester 1 – 16th May

Application deadline Semester 2 – 23rd October



Accommodation

There is accommodation available at the University for exchange students. The contact to find out more about the accommodation is m.benouda@ipsl-edu.fr. It would be a single room in a shared apartment within the **students' residence. The monthly rent is 540€** and includes water, electricity and heating costs.

There are also specialised sites not affiliated with the University, such as Leboncoin or

SeLoger, that offer a range of shared apartments available in Cergy. Here you will find offers to suit different budgets and preferences. Also, you could join Facebook groups or online forums dedicated to flat sharing in Cergy. These groups are often facilitated by students or young professionals and can be a great source of good plans and opportunities.

Cost of living

Rent Per Month	
Apartment (1 bedroom) in City Centre	758.94 £
Apartment (1 bedroom) Outside of Centre	455.95 £
Apartment (3 bedrooms) in City Centre	1,103.12 £
Apartment (3 bedrooms) Outside of Centre	8.82.49 £
Food & Drink	
Meal, Inexpensive Restaurant	7.06 £
Meal for 2 People, Mid-range Restaurant, Three-course	39.71 £
McMeal at McDonalds (or Equivalent Combo Meal)	7.06 £
Domestic Beer (0.5 litre draught)	3.97 £
Cappuccino (regular)	2.21 £
Coke/Pepsi (0.33 litre bottle)	1.06 £
Water (0.33 litre bottle)	1.59 £
Markets	
Milk	0.97 £
Loaf of fresh white bread (500g)	1.48 £

Rice (white) (1kg)	2.21 £
Eggs (regular) (12)	2.83 £
Local Cheeses (1kg)	16.99 £
Transportation	
One-way Ticket (Local Transport)	2.21 £
Monthly Pass (Regular Price)	70.60 £
Utilities (monthly)	
Basic (Electricity, Heating, Cooling, Water, Garbage) for 85m ² Apartment	160.14 £
Mobile Phone Monthly Plan with Calls and 10GB+ Data	11.87 £
Internet (60 Mbps or More, Unlimited Data, Cable/ADSL)	17.65 £
Sports and Leisure	
Fitness Club, Monthly Fee for 1 Adult	35.30 £