



Health Screening Requirement for Professional Courses

If you are enrolling in one of our Health Professional, Social Work, or Teacher Training courses, you are required to complete an initial health screening with our occupational health provider, **Optima Health**, before enrolment.

What to Expect:

- ❖ You will receive an email from Optima Health with instructions to log in to their online portal and complete a health screening questionnaire.
- ❖ If you are joining a Health Professional course, you can upload your immunisation record to the portal (if available).
- ❖ Optima Health will review your submitted information and may arrange a follow-up appointment if necessary.
- ❖ The outcome of your screening will be shared with the University. This may include recommendations to help support you during your course.

Immunisation Programme for Health Professional Students


If you are enrolled in one of our Health Professional courses, you must complete an immunisation programme. This is essential to protect you, your colleagues, and your patients from communicable diseases. Please read the following information carefully:

Programme Overview:

- ❖ The University will arrange **on-campus occupational health clinics** with Optima Health, scheduled in line with the immunisation programme timeline.
- ❖ You will receive details of your **appointment dates and times**.
 - *You **must** attend these appointments, even if you do not have teaching scheduled on campus that day.*
- ❖ At your **first appointment**, Optima Health will review your immunisation history to determine which vaccinations and blood tests you require.
- ❖ After each appointment, Optima Health will **schedule your next appointment** based on your individual immunisation needs and the overall timeline.
- ❖ Once you have reached the appropriate stage in the programme, you will be **cleared to attend your first clinical placement**.
- ❖ You must continue attending all required appointments **until the full immunisation programme is completed**.

Immunisation Programme: Appointment Schedule

As part of your health clearance for clinical placement, you will be required to attend a series of immunisation appointments with **Optima Health**. Below is an overview of what each appointment involves:

Appointment	Details
1st Appointment	Immunisation Review Blood tests for MMR & Varicella immunity Blood Borne Virus screening 1st dose of Hepatitis B vaccine
2nd Appointment	Mantoux Test administered (for tuberculosis)
3rd Appointment	Mantoux Test read (must take place within 48 hours of test)
4th Appointment	1st MMR vaccine 1st Varicella vaccine 2nd dose of Hepatitis B vaccine  You may be cleared for your first clinical placement at this stage.
5th Appointment	2nd MMR vaccine 2nd Varicella vaccine
6th Appointment	3rd dose of Hepatitis B vaccine
7th Appointment	Blood test to confirm immunity to Hepatitis B

Please ensure you attend all scheduled appointments, even if you have no classes on that day, and complete the full programme (as required) to protect yourself, patients and other staff.